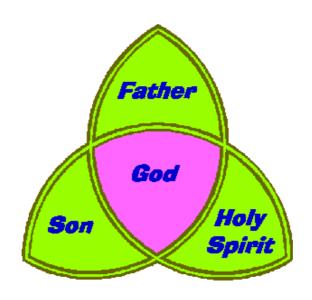
# ST GUTHLAC'S COMMUNITY NEWS



## **CHURCH OF ST GUTHLAC**

Holbrook Rd, Knighton, Leicester LE2 3LF
http://www.stguthlac-knighton.co.uk/
Minister: Revd Richard Bonney 2125677
rjbonney@gmail.com
Churchwardens:
David Hunt
Tina Jarvis
21 June 2015

### WELCOME TO ANY OF YOU VISITING US FOR THE FIRST TIME!

10.30 am Third Sunday after Trinity: Matins

Please announce yourself to one of our welcomers and sign in the welcome book so that we get to know you by name! Also, please introduce yourself to Revd Richard or one of the Churchwardens. St Guthlac's is YOUR local church. We feel part of the local community and we hope that you will feel part of the church community. **We have a welcome sheet**: please ask for one if it is not handed to you on arrival.

Newsletter No 160

#### FORTHCOMING SERVICES AND MEETINGS

Wednesday 24 June, 7.30 pm Thursday 25 June, 9.30 am Sunday 28 June, 10.30 am Sunday 28 June, 6.30 pm Choir Rehearsal Holy Communion Communion for All

Evensong at Wistow with joint choirs

PRAYERS FOR THE FAITHFUL We have been asked to keep Pamela, Ann Spring, Marjorie O'Neill, Dorothy Wollaston, Mirriam Norris, Phillip Squires, Brenda Harrison, Helen, Saty French, Christopher Bond, Samantha Hough-Farmer, Kate Adams and Louisa in our prayers. Please also pray for the souls of Jim Ragg, Michael Biddick, Frederick Turnbull and Doreen Jones who have died recently. For other prayer requests, please speak to the Revd Richard.

THE REVD RICHARD WRITES The address given by the Revd Chris Webb OSB, Spiritual Adviser, Diocese of Leicester, last Sunday was greatly appreciated by a number of us. He suggested that we might use the Psalms as a guide in our prayers, in the knowledge that we are praying with the worldwide Church, to aid our focus on God and to reflect our mood. But how do we find the Psalm with the right theme that we need on a particular occasion?

This was a question put to me by one or two of you after the service and I said that I would do some thinking about it. So I prepared a sheet of suggestions and send them to Chris for comment. The answer is that there is no single answer, but a number of different possibilities. One is to use a 30-day reading guide by theme, prepared by Zondervan Publishing (page one of the booklet *Guide to the Psalms*). This is easy to follow, and if you are not in the mood for suggested theme of the day, you could make a note of it and read it on another occasion.

Alternatively, and rather more complicated to operate, you could choose your own set of themes from one of the accompanying tables by theme. I have provided three, which are quite different from one another: you will need to find out which is the one that works best for you. There is no 'correct' answer!

I have asked Jane to format a number of *Guides to the Psalms* and to make them available to the congregation this Sunday and subsequently. Please leave your name if you are taking one: we would very much like to know after a few weeks how you got on with the guide and whether using the Psalms in this way was a help to your prayer life. I append the Zondervan Publishing scheme:

#### **Day Theme Passages**

1 Blessing Psalm 67, 72, 84, 128

2 Calling to God Psalm 4, 5, 22

3 Confidence Psalm 27, 36, 71, 125

4 Deeds of God Psalm 9, 18, 118

5 Doubt Psalm 42, 73, 77

Weekend Worship and Sabbath

6 Faithfulness of God Psalm 105, 119:137-144, 146

7 Fear Psalm 37, 49, 91

8 Glory of God Psalm 19, 24, 29

9 God is my Helper Psalm 54, 115, 119:169–176

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10 Identity Psalm 8, 139
Weekend Worship and Sabbath
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11 Justice of God Psalm 7, 26, 82

12 Meditation Psalm 119:9–16, 41–48

13 Mercy Psalm 13, 28, 86

14 Music Psalm 66, 149, 150

15 Nature Psalm 50, 104, 147, 148

Weekend Worship and Sabbath

16 Peace Psalm 23, 133, 119:161-168

17 Power of God Psalm 68, 93, 135

18 Praise Psalm, 65, 98, 138

19 Prayer Psalm 17, 20, 102

20 Protection Psalm 59, 62, 124

Weekend Worship and Sabbath

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21 Safety in God Psalm 11, 16, 142, 46

22 Rejoicing Psalm 30, 47, 97

23 Righteousness Psalm 1, 15, 112

24 Salvation Psalm 3, 14, 121

25 Sin and Repentance Psalm 25, 32, 38, 51

Weekend Worship and Sabbath

26 Thanksgiving Psalm 75, 106, 136

27 Trust Psalm 31, 40, 56

28 Victory Psalm 21, 76, 144

29 Wisdom Psalm 90, 107, 111

30 Worship Psalm 33, 34, 145

Weekend Worship and Sabbath

MEMORY CAFÉ FUNDING: SPARE FOREIGN COINS There are Memory cafés at St Guthlac's and St Thomas More where people with dementia and their carers can come for support, guidance and information in a friendly and supportive environment. St Guthlac's café (called Holbrook) meets on every 2<sup>nd</sup> Friday and St Thomas More café (called Knighton) meets on every 4<sup>th</sup> Wednesday of the month 1.30-3.30pm. We have been running for over a year. Stimulating reminiscence activities are provided, such as Singing for the Brain, Arts & Crafts and other memory activities. The sessions also provide a really valuable opportunity for carers to meet and support each other. The cafes are run under the guidance of the Alzheimer's Society. They provide a leader, arrange visiting presenters, make contact with people needing assistance and give training for volunteers. The cost, for two cafes, is £250 a month. The first year's funding came from the Church Urban Fund (Near Neighbourhood Fund). We now need to find funding to continue. As part of this funding drive, we would like to collect all spare foreign coins that banks will not exchange. If you have any coins please donate them and leave them in the box at the back of the church. We can arrange to convert them into sterling.

Cover image: <a href="http://i20.photobucket.com/albums/b214/4HisChurch/trinity.gif">http://i20.photobucket.com/albums/b214/4HisChurch/trinity.gif</a>

**MOTHERS UNION** There are still a few places available on our Summer outing to Stoneywell Cottage, Ulverscroft, on **Tuesday 23rd June**, so please let us know if you would like to join us. Friends welcome.

**CONCERT** Grace Pepper and Suzanne O'Neill-Turner (nee Christie) are organising a music concert on **Saturday 27th June**, 7.30 pm at St Mary's church, with proceeds going to Cancer Research UK. Tickets are available from Grace or the Parish Office. Adults £4 in advance/£5 on the door and children £2.50 in advance/£3.00 on the door.

**SEMP TREASURE HUNT Monday 29th June** based around the New Walk area starting at Victoria Park Gates Granville Road from 6pm. We will meet up afterwards at the Old Horse on London Road for a cold buffet. The cost is £6 which includes the treasure hunt and buffet or £1 for the treasure hunt only. Numbers by 22nd June to Robert Pike

**CREATIVE BLOOMS.** Join us for a relaxing afternoon of flower arranging with a difference and maybe a chance to show off your skills too! To be held on **SATURDAY**, **AUGUST 1ST**, in the Parish Centre at 2.30 p,m, to 5.00 p.m. There will be a raffle and a mystery prize. Tickets £4.00, to include tea, coffee and biscuits, from Deborah Martin, Lorna Kirk and Margarete Booton. Proceeds to St. Mary's church funds.

**SAMARITANS** Molly Clarke will be doing a sky dive in aid of the Leicester Samaritans on Saturday 18<sup>th</sup> July. There is a sponsorship form at the back of church if you would like to support her.

Jan and Bob Newell would like to thank everyone for their prayers over the last few weeks.

**KNIGHTON PLAYERS** are looking for a **new Producer** for their next production in March 2016. If you think you can help, please contact David Hunt on knightonplayers@ntlworld.com for more information.

**CHRISTIAN AID WEEK** An excellent total of £1367.81 was raised including £827.81 from the street collection (an increase on last year). A big thank you to everyone who collected or donated. You really do make a difference to people like Loko. Lesley

**PLANNED GIVING** Thank you to those people who have responded to the recent planned giving mailing. If you are still thinking about responding or would like further information, please speak to Mark Wyatt. Thank you.

**RECYCLING FOR CHURCH AND HALL** There is now an orange wheelie bin for recyclables, kept next to the general waste bin outside the hall. This is to be used for paper, cardboard, glass bottles and jars, food and drink tins and plastic food/drink containers (rinsed). Please put all suitable recyclable items in the plastic basket at the back of church or place directly into the orange bin. Thank you.

**FOR THE NEWSLETTER** Please contact us at the latest by 9 am Friday for material to be included in the next weekly newsletter. **administrator@stguthlac-knighton.co.uk**